Tuesday, July 4th Burrell Carter

Wednesday, July 5^{th}

Mike Murphy, Jet Keen, Harrell Griffin, Dennis Mussare, Mike Reid, Harold Wright, Antoinette Riley, Michael Cambre, Gloria Giardina, Milton "Freddie" Anderson, Joann Hendrick, Russell Conger, Dora Jean Edwards, Anna Marie Tassin, Harold Brown, Michael Henry, David Paul Delaune, Billy Higgins, Harold Beard, Lori Sibley, Anthony Liuzza, Larry Barman, Catherine Calamari, Bill & Connie Donahue

Thursday, July 6th

Harrell Griffin, Joe & Sandra Schlumbrecht, Johnnie "Lil Man" Santangelo, Dora Jean Edwards, Harold Wright, RD & Elsie Bridges, Rose & James Webb, Hazel Scioneaux, Jet Keen, Russell Conger Christopher Branch, Anna Marie Tassin, Elaine Gebbia, JoJo & Vera Currier, Michael Henry, David Paul Delaune, Billy Higgins, Harold Beard Souls in Purgatory, Lori Sibley, Jerry Trabona, Catherine Calamari, Lucinda Liuzza, Chuck Pulliam

Friday, July 7th Gloria Giardina

SATURDAY, JULY 8TH Christopher Van Zandt

SUNDAY, JULY 9TH

Joe & Sandra Schlumbrecht

SUNDAY, JULY 9TH Isaac Segura

PRAYER LIST

Deacon Mike Agnello, Eric Tarver, Henry McCabe, Hank Shumacher, Colette Taillon. Travis Stoner, Linda Binder, Charlie Ladner, Kenny Wenning, Emily Thompson, Kelly Wayne Russell, Liz Forshag, Frank Guzzardo, Fannie Guzzardo, Ann LaBarbera, Savina Campo, Katelyn Delbasty, Lorie Delbasty, Ronnie Delbasty, Diann Delbasty, Abram Cantu, Wanda Miles, Lucinda Voight, Mya Arrazate, Toney Cantu, Kenneth Hill, Conner Corkern, Raella Armand, Nolan Graham, Joyce Annette Davis, Sherrie Buras Manton, Alice Perez, Jake Liberto, Judy Liberto, Frances Currier, John Chaucher, Ed Lorio, Alice Currier, Charles Bridges, Patsy Colgan, Brian Rueb, Karen Scheumacher, Douglas Hill, Doris Wright, Lori Sibley, Lucille Scheurer, Ashley Travis, Tisa Cooper, Judy Conerly, Nanette Fantauzzo, Jill Prescott, Nancy Brown, Jo Tick, Harold Collins, Frank Bellavia, Catherine Calamari, Jerry Trabona, Imelda Travis, Kenneth Travis, Jennifer Brown, Mike Potts

ST. VINCENT DE PAUL

For the period of January thru March 2023 St. Vincent de Paul made 36 home visits to our neighbors providing spiritual support and relief from some of the burdens of life totaling \$9,959.00 for the quarter. Here is a breakdown of some of the assistance given to our neighbors in need:

Utilities: \$7,886.00 Rent \$2,032.00 Prescription Drugs: 341.00 Food: \$300.00

We appreciate all the support of our ministry as we seek to live our mission: Our mission through person-to-person contact, mass feeding, sheltering and other channels, encompasses every form of aid which alleviates suffering and promotes dignity and

MINISTRIES AT ST. HELENA

Bereavement Ministry	Bible Study
Catholic Daughters	Full of Grace
Holy Face Devotion	Jr. Catholic Daughters
Knights of Columbus	Music Ministry
Nursing Home Ministry	Religious Education
Spanish Music Ministry	Spanish Prayer Group
St. Jude Bible Study	St. Vincent de Paul
Totus Tuus	Traveling Prayer Devotion
Youth	

THANK YOU FOR YOUR SERVICE

Larry Toups, Peter Vangjel, James Hoover Dennis Toups, William Graham, Vince Owen, Brandon Thompson, Jerry Dyer, Jamie Cutrer, Eric Russell, James Sylvester, Mark Prine, Robert Tillwell, Chris Bennett, Dewayne Spears, Nic Edwards, Jake Cristina Scott Swilley, Angie Swilley, Chris Brunet Jacob Rankin, James Michael Dupuis, Daniel Mays, Jim Bravis Redmond Jr., Daniel Santora, Jerry Simmons, Wesley Corkern Lucas Edward Thigpen, John Accord, Maxwel Conger, Kyle Joseph Rosalies, Jordon Quinn Adrian Gonzalez Moreno, Sgt. Matthew Vallot, Lt. Molly Fekete, Wesley Corkern, Jacob Frazier, Braeden Hallmark, Trent Smith, Andrew Zaffuto, Judson Sandifer

Please call the Office if you would like to add or remove someone on the Service List.

Though you may not say it. Everyone has dreamed about making the gaming winning shot, game saving tackle, game winning touchdown pass, finishing first while a large crowd is watching, etc. Sports is one of the biggest idols. It is so easy to be swept in it.

As an athlete you must pray it's all for God's glory and not my own. I shall honor the Lord and not myself. I am able to participate in this event because of the Lord. God has blessed me with a talent for His glory.

...1 Corinthians 9:24-27, Do you not know that the runners in the stadium all run in the race, but only one wins the prize? Run so as to win. Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one. Thus I do not run aimlessly; I do not fight as if I were shadowboxing. No, I drive my body and train it, for fear that, after having preached to others, I myself should be disqualified.

While Jesus was suffering Jesus said not My will, but your will be done. There are some sports athletes who talk about the goodness of the Lord when they are on top winning, but as soon as they are on the bottom they forget about His goodness and they have a bad attitude. I believe that God can use a loss to humble someone just like He could use a trial for the same purpose.

...Romans 8:28, We know that all things work for good for those who love God, who are called according to His purpose.

One of the greatest things about being an athlete is the training. You are taking care of the body that the Lord has given you. Always remember that physical training might have some benefits, but never forget about godliness which has greater benefits.

...1 Timothy 4:8, Train yourself for devotion, for while physical training is of limited value, devotion is valuable in every respect, since it holds a promise of life both for the present and for the future.

Never let the doubters get to you. Let no one look down on you, but be a good example for others.

Titus 2:7-8, Urge the younger men, similarly, to control themselves, showing yourself as a model of good deeds in every respect, with integrity in your teaching, dignity, and sound speech that cannot be criticized...

Win the competition the right way. Do what is needed and have self-control. Fight through the struggle, keep your eyes on the eternal prize, and keep on moving towards the finish line.

2 Timothy 2:5, Similarly, an athlete cannot receive the winner's crown except by competing according to the rules.

LET'S PLAY BALL!!!



The Church Office will be closed Tuesday, July 4th.



Our Lady of Hope Catholic Retreat Center Chatawa, MS (601)-202-3137



The Holy Mass: The Spiritual Foundation of the Mass and our Jewish Roots of the Lituray

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July 21-22, 2023

For more information, please visit ourladyofhopems.com/events

Our Lady of Hope - Full of Grace Gift Shop & Perkatory Coffee Shop Monday-Saturday, 8am-3pm; Sunday after Mass

> **20% OFF EVERYTING** JULY 2ND & 3RD **CLOSED JULY 4TH.**



"I've noticed that everyone who is for abortion has already been born."

> Ronald Reagan

IN THE KNOW...

YOUTH NIGHTS

Starting July 5th bring your youth to St. Helena this summer for great fun!! Open to all children going into 6th-12th grade. Wednesday nights 6pm-8pm.

PSR Homeschool Packets will be available for pickup on July 5th and MUST be returned by August 11th.

UNIFORM FOR KIDS FUNDRAISER

Our St. Vincent de Paul Ministry once again will be providing uniforms for children in need in the North Tangipahoa area.

Last year, we distributed (2) uniforms to 490 kids at a cost of \$15/set. Please help us fund this effort for the 2023-2024 school year. A bulletin board with the child's name will be set up at the back of church July 15-31. Make checks payable to St. Vincent de Paul Uniforms for Kids. You can return your donation in the box provided. Help Us Make a Difference



KNIGHTS OF COLUMBUS SPAGHETTI DINNER

> Friday, July 28th Tickets available soon.



FIRST COMMUNION SCHEDULE

Please note all dates below:

Class Spanish & English (2nd-5th gr. room 205) August 19th 9-10am Class Spanish & English (6th-11th gr. room 101) August 19th 9-10am English 1st Communion Practice August 19th 10am Spanish 1st Communion Practice August 19th 10:30am

English 1st Communion Saturday August 26th at 4pm Spanish 1st Communion Sunday August 27th at 1:30pm

IN THE KNOW...

PARISH OFFICE NOTIFICATION

We are asking that you notify the Parish Office if a family member is ill, Homebound or Hospitalized.

BAPTISMAL SEMINARS

Please contact the Church Office in advance to register for a class.

SACRAMENT OF MATRIMONY (WEDDINGS/CONVALIDATIONS)

6 Months in Advance

ST. HELENA TRAVELING PRAYER DEVOTION

If you would like to sign up for the Traveling Prayer Devotion and host one of the Marian statues in your home, please contact one of the following:

Catherine Calamari (504-236-8983)

For the Families of St. Helena

Yvonne Hulsey (985-969-5058)

For the Souls in Purgatory

Wendy Danna (985-687-8208)

For the return of our Lapsed Catholics Prayer for Priest

Judy Williams (985-969-4511) For St. Helena Church Our Children of St. Helena

Lupe Calderon (985-222-8096)

For St. Helena Church For the return of our Lapsed Catholics Prayer for Peace

TOURS & RETREATS

Plan a Tour or Retreat on our beautiful Campus. For information, please go to website www.sthelenachurch.net and click on link.

ADORATION AT ST. HELENA Monday-Saturday 6am-6pm

We ask that you pray with us each week for one hour for Holy Mother Church and our Country. Please call to discuss a day you would like to pray and set up your hour.

English-Diane Murphy 985-320-7123 | Spanish-Beatriz Manriquez 985-415-5063

13TH SUNDAY IN ORDINARY TIME (JULY 2, 2023)

The Lord is the sower of seeds of vocations to the priesthood and relighious life. By prayer and a spirit of generosity, be encouraged to offer talents and abilites if you feel God may be calling you to a Church Vocation, call or email Rev. Joshua Johnson at (225) 336-8778, jjohnson@diobr.org



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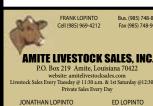
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Abortion

Free Prayer

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Full of Grace

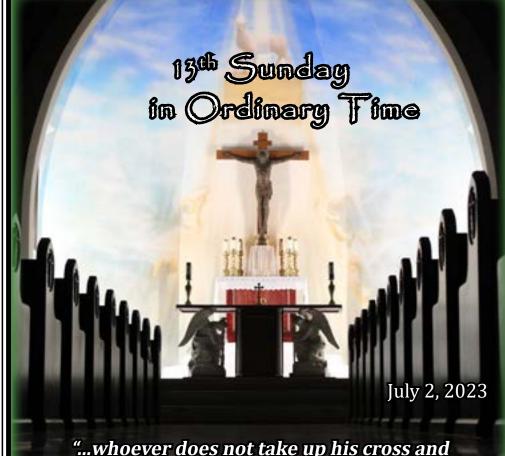




Scott and Layla Gay MASTER CHEF Amite







follow after Me is not worthy of Me." -Matthew 10:37-42

MASS SCHEDULE: Saturday Vigil 4pm; Sunday 9am; Sunday Spanish 1:30pm

DAILY MASS: Monday - Friday 7:30am; Thursday Spanish 6:00pm

CONFESSION:

Wednesday 5-6pm; Thursday 5-6pm

1st SATURDAY: 1st Saturday Mass 8am

OFFICE HOURS: Monday-Thursday 8am-5pm; Friday 8am-12pm

OUR MISSION:

We, at St. Helena Catholic Church, are concerned with educating. directing, and sustaining all who visit. In particular those who draw near to the teachings and traditions of Holy Mother Church. We strive to achieve this by utilizing the Cardinal Virtues of Justice, Prudence, Temperance and Fortitude.

