

**MASS INTENTIONS**

**MONDAY, FEBRUARY 6<sup>TH</sup>**  
Joanne Hendrick

**TUESDAY, FEBRUARY 7<sup>TH</sup>**  
Angelo Giardina

**WEDNESDAY, FEBRUARY 8<sup>TH</sup>**  
Brother Emmanuel Trieu Vo Van Dong CSSC., Christopher Van Zandt, Joanne Hendricks, Hazel Scioneaux, Dora Jean Edwards, Christopher Robertson, Harold Brown, Joey Gautier, Dennis Mussare, Burrell Carter, Angelo Giardina, Harrell Griffin, Russell Conger, Michael Henry, David Paul Delaune, Billy Higgins, Harold Beard, Souls in Purgatory, Lori Sibley, Robbie Lanier, Linda Hendry, Doug Kent

**THURSDAY, FEBRUARY 9<sup>TH</sup>**  
Beverly Esteven, Dennis Mussare, Caroline Crouch, Harold Brown, Roland Bourgeois, Joanne Hendrick, Gloria Giardina, Harrell Griffin, Russell Tastet, Joey Gautier, John Vaccaro, Dora Jean Edwards, Angelo Giardina, RD & Elsie Bridges, Rose & James Webb, Marybelle Brumfield, Michael Henry, David Paul Delaune, Billy Higgins, Harold Beard, Souls in Purgatory, Lori Sibley, Sue Higgins, George Ann Smith

**FRIDAY, FEBRUARY 10<sup>TH</sup>**  
Michael Cambre

**SATURDAY, FEBRUARY 11<sup>TH</sup>**  
Harold Brown

**SUNDAY, FEBRUARY 12<sup>TH</sup>**  
Brian Roy Cox

**SUNDAY, FEBRUARY 12<sup>TH</sup>**  
Christopher Alfonso Quiroz



**Our Lady of Hope Catholic Retreat Center**  
Chatawa, MS (601)-202-3137

**The Life & Spirituality of St. Therese of Lisieux**  
A Retreat With Fr. Paul Gros  
Monday, February 13, 2023

**Monte Christo Reclamation Theology**  
A Retreat With Mr. Kyle Clement  
Sunday, February 19<sup>th</sup>  
thru Friday, February 24<sup>th</sup>  
[www.ourladyofhopems.com/events](http://www.ourladyofhopems.com/events)

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**Our Lady of Hope - Full of Grace Gift Shop & Perkatory Coffee Shop**  
Monday-Saturday, 8am-3pm; Sunday after Mass

**Valentines Day Sale**  
Get 20% off of all Jewelry  
February 5th - February 14th

**PRAYER LIST**

Jack Liuzza, Jeff Jones, G.G. McElveen, Karen Scheumacher, William & Kay Bourgeois, Tisa Cooper, Brent Guzzardo, Tammie Guzzardo, Drew Hutchinson, James "LJ" Scuderi III, Chuck Wilks, Carl Ledet, Imelda Travis, Douglas Hill, Harold Wright, Lori Sibley, Lucille Scheurer, Ashley Travis, Gail Keller, Richard Dees, Arleen Alston, Eric Tarver, Hank Schumacher, Colette Taillon, Travis Stoner, Frank Guzzardo, Mary Lopinto, Tom & Myra Gentrup, Ann LaBarbera, Savina Campo, Katelyn Delbasty, Lorie Delbasty, Ronnie Delbasty, Diann Delbasty, Abram Cantu, Wanda Miles, Lucinda Voight, Mya Arrazate, Toney Cantu, Kenneth Hill, Conner Corkern, Raella Armand, Nolan Graham, Frances Gaeta, Joyce Annette Davis, George Ceparino, James Dugar, Edward Dugar, Mary Lopinto, Thomas Calamia Jr., Veda Misita, Doris Wright, Darlene Burns, Jim Burns, Gary Burns, Tina Hymel, Anthony & Jerry Laciura, Frances Currier

**THANK YOU FOR YOUR SERVICE**

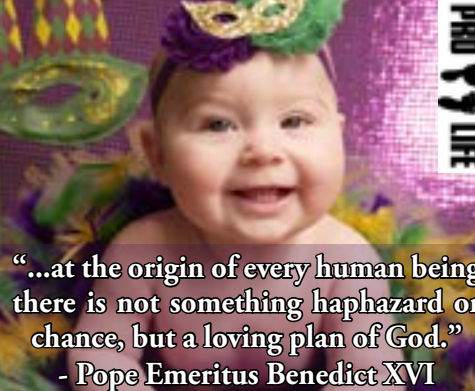
Larry Toups, Peter Vangiel, James Hoover, Dennis Toups, William Graham, Vince Owen, Brandon Thompson, Jerry Dyer, Jamie Cutrer, Eric Russell, James Sylvester, Mark Prine, Robert Tillwell, Chris Bennett, Dewayne Spears, Nic Edwards, Jake Cristina, Scott Swilley, Angie Swilley, Chris Brunet, Jacob Rankin, James Michael Dupuis, Daniel Mays, Jim Bravis Redmond Jr., Daniel Santora, Jerry Simmons, Wesley Corkern, Lucas Edward Thigpen, John Accord, Maxwell Conger, Kyle Joseph Rosalies, Jordon Quinn, Adrian Gonzalez Moreno, Sgt. Matthew Vallot, Lt. Molly Fekete, Wesley Corkern, Jacob Frazier, Braeden Hallmark, Trent Smith, Andrew Zaffuto

*Please call the Office if you would like to add or remove someone on the Service List.*

**ADORATION AT ST. HELENA**  
Monday-Saturday 6am-6pm

*We ask that you pray with us each week for one hour for Holy Mother Church and our Country. Please call to discuss a day you would like to pray and set up your hour.*

English-Diane Murphy 985-320-7123  
Spanish-Beatriz Manriquez 985-502-8112



**PRO LIFE**

*"...at the origin of every human being there is not something haphazard or chance, but a loving plan of God."*  
- Pope Emeritus Benedict XVI


**IN DEFENSE OF MOTHER CHURCH**

**There is peace in the midst of pain,  
There is joy when it starts to rain,  
There is happiness in the midst of a fall,  
There is understanding when we don't know all,  
There is hope when we cast down our burdens,  
There is grace when we walk God's journey,  
There is love when it hurts like hell,  
There is endurance as we excel,  
There is patience when we don't see a way,  
There is perseverance when we start to sway,  
There is God doing what He knows best,  
There is peace in our hearts so our minds can be at rest,  
There is mercy in Jesus's name,  
There again is God who remains the same.**

**OLOH FULL OF GRACE GIFTSHOP**  
**VALENTINE'S DAY CHOCOLATE COVERED STRAWBERRIES PRE-ORDER SALE!**

\$25 per box.

Pre-orders are being accepted now through Wednesday, February 8<sup>th</sup>.  
Orders will be available for pick up February 11<sup>th</sup>-14<sup>th</sup>.  
Stop by the Gift Shop to place an order.

**MATER DOLOROSA SCHOOL**  
**ANNUAL STEAK DINNER & DANCE**  
February 11, 2023 | \$75 per person. | 6pm Hor D'oeuvres | 7pm Dinner  
Every ticket enters you into \$1000 raffle! Special performance by *The Hometown Boys*.  
Call the school to purchase your tickets 985-878-4295.

**DAD'S CLUB FRIED SHRIMP DINNER**  
February 24, 2023 | Tickets available: Call the school office at (985)-878-4295

**LENT BEGINS FEBRUARY 22ND!**  
Please bring your palm branches to Church or the Church Office.  
We will be using the Palm Branches to make ashes for Ash Wednesday.  
The Church Office will be closed Mardi Gras Day, February 21<sup>st</sup>.  
Ash Wednesday Mass: February 22<sup>nd</sup> at 7am & 5pm  
Stations of the Cross: Every Friday during Lent at 6pm

**PSR TEACHERS MEETING FEBRUARY 23<sup>rd</sup> AT 6PM.**  
If you would like to teach or be an assistant teacher at PSR this summer please come to the meeting.

**PSR VOLUNTEERS**  
If you would like to volunteer for PSR this summer contact the Church Office 985-748-9057.

**MINISTRY CORNER**

**MINISTRY SPOTLIGHT**  
**SPANISH MINISTRY**

The Spanish Ministry meets every Friday at 7pm for Praise and Worship in the Hall, and on the 1st Saturday of the month they will have breakfast and pray the Rosary together in the Church Hall. Spanish daily Mass is Thursdays at 6pm in the Church. Sunday Spanish Mass is at 1:30pm. Don't forget the tasty tamales that they sell after Masses!!



<b>MINISTRIES AT ST. HELENA</b>	
Bereavement Ministry	Bible Study
Catholic Daughters	Full of Grace
Holy Face Devotion	Jr. Catholic Daughters
Knights of Columbus	Music Ministry
Religious Education	Spanish Music Ministry
Spanish Prayer Group	St. Jude Bible Study
St. Vincent de Paul	Totus Tuus
Traveling Prayer Devotion	Youth

**IN THE KNOW...**

**RCIA Classes Sundays at 10:30am following Mass.**

**This year, PSR will be on June 12<sup>th</sup> - June 23<sup>rd</sup>**  
**Online Registration will be from March 1<sup>st</sup> - May 15<sup>th</sup>**

**MARIAN SERVANTS OF THE VISITATION**  
Mondays starting February 6 - April 17, 2023 5:30-7:30pm  
St. Joseph Catholic Church, St. Benedict Room 225 N. 8th St. Ponchatoula, LA 70454  
Call Paulette 985-320-0208 to register.


**KNIGHTS OF COLUMBUS CATHOLIC YOUTH LEADERSHIP AWARD**  
**St. Helena Seniors:** Applications for Local Competition must be submitted by March 15, 2023.  
Get Application forms at church office or online at louisianakc.org.

**CDA LOUISIANA STATE COURT**  
**\$2,500.00 GRADUATE SCHOLARSHIP**  
For those who have completed their undergraduate studies and wish to continue their education.  
Deadline is April 1, 2023.


**\*\*\*THE DATE HAS CHANGED\*\*\***

**ST. JOSEPH ALTAR MARCH 26, 2023**  
If you would like to help, please contact Urusla Sherman at 985-517-2728.

**Work Days:**  
**February:** 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>  
**March:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>



**YOUTH NIGHTS**  
Wednesdays at 6pm-8pm  
Grades 6<sup>th</sup>-12<sup>th</sup> are invited to hang out.  
If a parent is interested in providing dinner for a youth night, please contact Madeline at 985-517-9279 to sign up for a week.



**IN THE KNOW...**

**PARISH OFFICE NOTIFICATION**

We are asking that you notify the Parish Office if a family member is ill, Homebound or Hospitalized.

**BAPTISMAL SEMINARS**

Please contact the Church Office in advance to register for a class.

**SACRAMENT OF MATRIMONY (WEDDINGS/CONVALIDATIONS)**

6 Months in Advance

**ST. HELENA TRAVELING PRAYER DEVOTION**

If you would like to sign up for the Traveling Prayer Devotion and host one of the Marian statues in your home, please contact one of the following:

**Catherine Calamari (504-236-8983)**

For the Families of St. Helena

**Judy Williams (985-969-4511)**

For St. Helena Church  
Our Children of St. Helena

**Yvonne Hulsey (985-969-5058)**

For the Souls in Purgatory

**Margarita Ortega (985-969-9104)**

For the return of our Lapsed Catholics  
Prayer for Peace

**Wendy Danna (985-687-8208)**

For the return of our Lapsed Catholics  
Prayer for Priest

**TOURS & RETREATS**

Plan a Tour or Retreat on our beautiful Campus.

For information, please go to website [www.sthelenachurch.net](http://www.sthelenachurch.net) and click on link.

**2023 WEDDING CELEBRATION**

Celebrating the 25<sup>th</sup>, 50<sup>th</sup>, 65<sup>th</sup> and over.

Sunday, February 19, 2023 at 2pm at St. Aloysius, 2025 Stuart Avenue, BR, LA 70808.  
Contact Church Office to register. Deadline is Wednesday, February 1<sup>st</sup>.

**5<sup>th</sup> SUNDAY OF ORDINARY TIME - FEBRUARY 5, 2023**

How blest are those who have the vocation of marriage and strive to live it faithfully each day. How blest are parents who support their children who embrace the vocation of marriage or religious life, knowing that it is God who calls them to such a commitment. If you think God is calling you to a Church Vocation, call or email Rev. Joshua Johnson at (225) 336-8778, [jjohnson@diobr.org](mailto:jjohnson@diobr.org)

**Joe Goodson**  
"The Retirement Coach"

Medicare, Social Security, Retirement Specialist  
[joegoodson@gmail.com](mailto:joegoodson@gmail.com)  
225-572-2275  
"Are your ducks in a row?"  
"Enjoy your retirement, protect your legacy"



122 SW Central Ave  
Amite, LA 70422  
Tel 985.748.9992  
Fax 985.748.9912

**Auto Paint & Body Shop LLC**  
Joe Payne  
15467 E. Dunbar Rd  
Independence, LA 70454  
Call (985) 969-9916  
Office (985) 678-2529  
[joepayne@att.net](mailto:joepayne@att.net)

**Rocky's**  
Pet Services  
1335 W Oak St  
Amite, LA 70422  
(985) 286-5380

**Tangipahoa/St. Helena Farm Bureau**  
Joe Rose - Life - Health  
Amite, La - 985-748-8107  
Hammond, La - 985-345-9002  
Greensburg, La - 225-222-6380

**Drive-In Drug Store**  
Gerald Garcia, RPh - Owner/Pharmacist  
206 South First Street • Amite, Louisiana 70422  
Phone: (985) 748-8301 • Fax: (985) 748-9089  
[dineweb@gmail.com](mailto:dineweb@gmail.com)

**McKneely Funeral Home**  
of Amite & Kentwood, Inc.  
110 E Factory St. Amite (985) 748-7178  
501 Ave. G Kentwood (985) 229-5111  
[www.mckneelys.com](http://www.mckneelys.com)

**Smitty's Supply, Inc.**  
ROSELAND, LA  
985.748.9687

**Thrift-Town Health Mart**  
Ray Glasgow, R.Ph  
985-748-8181 • 1-800-590-9501  
[www.thrifttown.com](http://www.thrifttown.com)  
517 W. 2nd St. • Amite, LA 70422 • [ray@thrifttown.com](mailto:ray@thrifttown.com)

**Steve's Automation**  
Security Installations  
STEVE DURNIN, Owner  
Phone: (985) 748-4411 18291 Hwy. 441  
Fax: (985) 748-4566 Amite, LA 70422  
Cell: (985) 517-4411  
Monitoring Center: (225) 925-9233

**B.B. Construction, LLC**  
Blaine S. Bourgoin  
14113 Midway Road  
Hammond, Louisiana 70424  
Phone: 985-229-3310  
[blaine@bbconstruction.com](mailto:blaine@bbconstruction.com)

**J & B TANGI PROPERTIES, LLC**  
JEFF & ARLENE ALSTON  
OWNERS  
801 W. IDAHO STREET  
HAMMOND, LA 70401  
Phone: 985-969-3323  
985-969-3328  
[jalston520@gmail.com](mailto:jalston520@gmail.com)  
[Arlenealston26@gmail.com](mailto:Arlenealston26@gmail.com)

Audio & Written versions of Father Mark's Homilies are available on our website, [www.sthelenachurch.net](http://www.sthelenachurch.net).

Please support the local businesses who place Ads in our Bulletin.

<p><b>BLUNK &amp; MOLLAND</b> ATTORNEYS AT LAW Cory B. Blunk 100 East Oak Street   P.O. Box 277 Amite, LA 70422 Ph: (985) 247-7500   F: (985) 247-7501 <a href="http://www.blunkmolland.com">www.blunkmolland.com</a></p>	<p><b>CURRIER</b> Dental Studio Megan H. Currier, DDS 985-345-1180 2102 Rue Simone Hammond, LA 70401</p>	<p><b>TheFirst</b> Just the Bank for You! <a href="http://www.TheFirstBank.com">www.TheFirstBank.com</a></p>
<p><b>Home Maintenance Services</b> Floor to Ceiling - Wall to Wall Nick Trabona 982 Suisun Dr. Amite, LA 70422 985-517-8727 <a href="mailto:ntrabona@aol.com">ntrabona@aol.com</a></p>	<p><b>Bill Hood</b> (985) 748-7118 Everything Automotive Under One Hood. www.hoodautomotiveamite.com</p>	<p><b>Mike's Catfish Inn</b> 1009 West Oak • Amite, Louisiana 985-748-5126 CLOSED MONDAY</p>
<p><b>HOMETOWN FARM &amp; GARDEN</b> ACE Hardware 301 NW Central Ave 748-9347 748-7106 Selling Lumber &amp; Propane OPEN 7 DAYS A WEEK</p>	<p><b>State Farm</b> Providing Insurance and Financial Services Home Office, Bloomington, Illinois 61710 Robbie Lee, Agent 227 N W Central Avenue Amite, LA 70422-2426 Bus 985 748 9000 Res 985 748 2822 Cell 985 988 1300 Fax 985 748 5888 <a href="http://www.robbielee.net">www.robbielee.net</a> Like a good neighbor, State Farm is there.</p>	<p><b>Bradley A. Stevens</b> Attorney at Law 104 N. Myrtle Street P.O. Box 904 Amite, Louisiana 70422 Ph: (985) 747-1088 F: (985) 747-1086 <a href="mailto:brad@edwardsandstevens.com">brad@edwardsandstevens.com</a> <a href="http://www.edwardsandstevens.com">www.edwardsandstevens.com</a></p>
<p>Mark Campo Vice President..... Mobile (985) 969-2760 <a href="mailto:mcampo@sbscopiers.com">mcampo@sbscopiers.com</a> 202 Market St. Hammond, LA 70401 (985) 345-9515 1800 W. Causeway Appr. Ste. 108, Mandeville, LA 70471 (985) 626.1103</p>	<p><b>Kay C. Moser, DDS</b> Family Dentistry 985-748-4652 416 N. Second St. • Amite, LA 70422</p>	<p><b>KENT VETERINARY CLINIC</b> Office 985-748-8425 985-748-4628 P O Box 846 102 W. Factory St. Amite, LA 70422 Doug Kent, Jr., D.V.M. • Drew Doucet, D.V.M.</p>
<p><b>St. Vincent de Paul</b> Call 985-747-2223 for assistance.</p>	<p><b>St. Helena Catholic Church</b> Knights of Columbus, Council 10911 K of C For Membership Information call 225-324-5784</p>	<p><b>Faust Farms</b> Fresh Louisiana</p>
<p><b>FRANK J. D'AMICO, SR.</b> ATTORNEY AT LAW FRANK J. D'AMICO, SR. ATTORNEY AT LAW FDAMICO@FRANKDAMICOLAW.COM 800 PONDCHAMPAIN DRIVE • SUDBELL, LOUISIANA 70458 PHONE: 985-645-0098 • FAX: 985-645-0034 <a href="http://WWW.FRANKDAMICOLAW.COM">WWW.FRANKDAMICOLAW.COM</a></p>	<p><b>THE VENUES</b> by Elizabeth Suggs</p>	<p><b>AMITE LIVESTOCK SALES, INC.</b> P.O. Box 219 Amite, Louisiana 70422 website: <a href="http://amitelivestocksales.com">amitelivestocksales.com</a> Livestock Sales Every Tuesday @ 11:30 a.m. &amp; 1st Saturday @ 12:30 p.m. Private Sales Every Day JONATHAN LOPINTO Cell (985) 969-4230 ED LOPINTO Cell (985) 517-5919</p>
<p>Phone: (985) 748-9370 Fax: (985) 748-5201 <b>FERRIS • HUSTLER • MARYAMA • Still</b> <b>EASTSIDE GARAGE INC.</b> Outdoor Power Equipment Sales &amp; Service <a href="http://www.eastsidegarageinc.com">www.eastsidegarageinc.com</a> 1111 WALLACE LONDON WALLACE Amite, Louisiana 70422</p>	<p><b>THE BOSTON RESTAURANT</b></p>	<p><b>KELSEY PHYSICAL THERAPY</b> Brennan C. Kelsey PT, MBA 215 NW Central Ave Amite, LA 70422 985-747-3422 985-747-3423 985-747-3424</p>
<p><b>NICHOLAS CEFALU, JR., M.D.</b> (985) 748-3272 Treatment Provider for Chronic Opioid Addiction Suboxone Treatment</p>	<p><b>BRANDON'S</b> Trailer &amp; Equipment Sales Appliances Outdoor Cooking Appliance Parts Propane 985-748-9202</p>	<p><b>MASTER CHEF EATERY 16</b> Scott and Layla Gay Owners LOCALLY OWNED Amite Proud 1005 W. Oak St. Amite, LA 985-748-5117</p>
<p><b>PRECISION LEVELING, LLC</b></p>	<p><b>Pray to End Abortion</b> Free Prayer Cards are available in Full of Grace Gift Shop</p>	<p><b>Full of Grace, Inc.</b> <a href="http://fullofgrace.org.com">fullofgrace.org.com</a> St. John's Vainey Villa - Prized Retirement Home</p>

**St. Helena Catholic Church**

122 S. First Street, Amite, La 70422  
(985) 748-9057 • Fax (985) 748-9094  
[www.sthelenachurch.net](http://www.sthelenachurch.net)

**The Fifth Sunday in Ordinary Time**

February 5, 2023



*"...Your light must shine before others, that they may see your good deeds and glorify your heavenly Father"*  
- Matthew 5:13-16

**MASS SCHEDULE:**  
Saturday Vigil 4pm; Sunday 9am; Sunday Spanish 1:30pm  
**DAILY MASS:**  
Monday - Friday 7:30am; Thursday Spanish 6:00pm  
**CONFESSION:**  
Wednesday 5-6pm; Thursday 5-6pm  
**1<sup>st</sup> SATURDAY:**  
1<sup>st</sup> Saturday Mass 8am  
**OFFICE HOURS:**  
Monday-Thursday 8am-5pm; Friday 8am-12pm

**OUR MISSION:**  
We, at St. Helena Catholic Church, are concerned with educating, directing, and sustaining all who visit. In particular those who draw near to the teachings and traditions of Holy Mother Church. We strive to achieve this by utilizing the Cardinal Virtues of Justice, Prudence, Temperance and Fortitude.