

MASS INTENTIONS

MONDAY, FEBRUARY 5TH

No Mass

TUESDAY, FEBRUARY 6TH

Ann LaBarbera

WEDNESDAY, FEBRUARY 7TH

Father Mark Beard, Jacob Musacchia, Edgar Dugar, Jet Keen, Ann LaBarbera, Veda Misita, Harold Wright, Liz Forshag, Tony Paul Ardillo, Raella Armand, Burrell Carter, Barbara Broussard, Lynette Costanza, Rosemary & Nolan Graham, Heather Dees, Ann Courtney, Jack Liuzza, Jimmy Barrilleaux, Bill Niswonger, Jean St. John, Brenda, Michael Henry, David Paul Delaune, Billy Higgins, Harold Beard, Souls in Purgatory, Catherine Calamari, Tom & Myra Gentrup, Law Enforcement

THURSDAY, FEBRUARY 8TH

Father Mark Beard, Jacob Musacchia, Ann Courtney, Jet Keen, Veda Misita, Ann LaBarbera, Harold Wright, Barbara Broussard, Raella Armand, Katherine Raborn, Dennis Mussare, Carter Church, Carole Church Grout, Beverly Esteven, Joe Gaeta Sr., Jack Liuzza, Virginia Carreca, Liz Forshag, Nolan Graham, RD & Elsie Bridges, Rose & James Webb, Souls in Purgatory, Catherine Calamari, Doug Kent

FRIDAY, FEBRUARY 9TH

Harrell Griffin

SATURDAY, FEBRUARY 10TH

Father Mark Beard

SUNDAY, FEBRUARY 11TH

Jet Keen

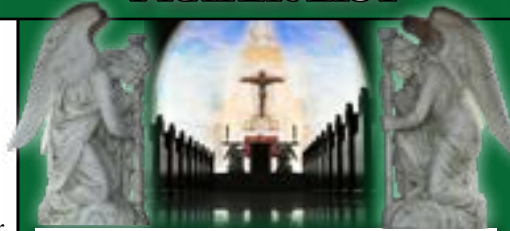
SUNDAY, FEBRUARY 11TH

Father Victor Celio

PRAYER LIST

Karen Romero, Imelda Travis, Kenneth Travis, Fran Castille, Teri Stamper, Russell Bujol, Christie Raymond, Joe Hand, Matt Smith, Mike Agnello, Pete Prude, Fran Poche, Anthony Micheli, Teresa Grace, Lindsey Booty, Christine & Jerry Sharp, Laura Faust, Frances Reid, Annie Monistere, Angel Monistere, Carla Davidson, Carol Asher, TJ Pittman, Matthew Shockley, Shelia Sullivan, Macie Gerarve, Tom & Myra Gentrup, Eric Tarver, Buddy & Susie Cox, Jerry Rispone, Linda Hulsey, Carl & Gail Keller, Pam Elder, Savina Campo, Katelyn Delbasto, Lorie Delbasto, Ronnie Delbasto, Diann Delbasto, Wanda Miles, Lucinda Voight, Mya Arrazate, Toney Cantu, Kenneth Hill, Conner Corkern, Alice Perez, Frances Currier, Alice Currier, Jay Ardillo, Brian Rueb, Hank & Karen Scheumacher, Douglas Hill, Doris Wright, Lucille Scheurer, Ashley Travis, Tisa & John Cooper, Jerry Laciura & Family, Catherine Calamari, Kailee Spinks Neal, Jeff McBride, Daryl Carruth, JoEllen Carruth, Nancy Carruth, Darlene Smith, Nancy Brown, Bill Donahue, Pat Ducros, Carl Ledet, Terry Howell, Fred Bourgoyne Jr., Imelda Travis, Kenneth Travis, Anthony Recile, A.E. "Buck" Cefalu, Jason Lassigne

PRAYER LIST



We at St. Helena Catholic Church are committed to educating, directing, and sustaining all who visit, in particular those who draw near, to the teachings and traditions of Holy Mother Church; this Mission will be achieved by employing Cardinal virtues of Justice, Prudence, Temperance and Fortitude.

MINISTRY SPOTLIGHT

TRAVELING STATUE PRAYER DEVOTION

*For the return of our Lapsed Catholics
For the Children of St. Helena
For the Families of St. Helena
For the Souls in Purgatory
For St. Helena Church
For our Priests
For Peace*

Sign-up information on other side of bulletin

MINISTRIES AT ST. HELENA

If you would like to learn more about the following Ministries, please take a card at the end of your pew and send response to email listed on the card.

Bereavement Ministry	Thursday Bible Study
Catholic Daughters	Full of Grace
Jr. Catholic Daughters	Knights of Columbus
Maintenance Committee	Nursing Home Ministry
Spanish Ministry	St. Jude Bible Study
St. Vincent de Paul	Totus Tuus
Traveling Prayer Devotion	Youth

THANK YOU FOR YOUR SERVICE

Larry Toups, Peter Vangiel, James Hoover, Dennis Toups, William Graham, Vince Owen, Brandon Thompson, Jerry Dyer, Jamie Cutrer, Eric Russell, James Sylvester, Mark Prine, Robert Tillwell, Chris Bennett, Dewayne Spears, Nic Edwards, Jake Cristina, Scott Swilley, Angie Swilley, Chris Brunet, Jacob Rankin, James Michael Dupuis, Daniel Mays, Jim Bravis Redmond Jr., Daniel Santora, Jerry Simmons, Wesley Corkern, Lucas Edward Thigpen, John Accord, Maxwell Conger, Kyle Joseph Rosalies, Jordon Quinn, Adrian Gonzalez Moreno, Sgt. Matthew Vallot, Lt. Molly Fekete, Wesley Corkern, Jacob Frazier, Braeden Hallmark, Trent Smith, Andrew Zaffuto, Judson Sandifer

Please call the Office if you would like to add or remove someone on the Service List.

IN DEFENSE OF MOTHER CHURCH

What are you doing for Lent?

10 IDEAS FOR A MORE MEANINGFUL LENTEN SEASON

- 1. Give up Sin**
Show your love for God by keeping his commandments. Turn away from sins.
- 2. Fast**
An empty stomach can lead to more attentive prayer. Give the money you saved on food to others in alms.
- 3. Pray**
Be in constant prayer. Pray for your family and friends, for those who suffer, and for the Church and the world.
- 4. Do Good Works**
Help those in need. Pray for them and be ready to serve them in their time of need.
- 5. Give alms**
Help the poor and support the good works of the Church. Give cheerfully to God who has given us everything we have.
- 6. Abstain**
Give up meat or other desirable foods during Lent, especially on Fridays, the day of Christ's savind death on the cross.
- 7. Do Meditative Reading**
Nourish your faith by spending time in quiet reading and reflection.
- 8. Control Desire for Possessions**
Build up treasures in heaven rather than on earth. Cut down on material possessions, lessen wants, and share yourself- your time and your talents- with others.
- 9. Control Desire for Entertainment**
Too much entertianment and other distractions can lead to less or no time for the works of the Lord.
- 10. Carry Out Duties in Life**
Serve God by living out your vocation in love each day. Offer your daily life through Christ!

**St. Helena Catholic Church
2024 Lenten Schedule**

Lent is a time of returning to God. It is a time to confess how we keep looking for joy, peace and satisfaction in the many people and things surrounding us, without really finding what we desire. Lent is a time of refocusing, or reentering the place of truth, of reclaiming our true identity as beloved sons and daughters of God.

**Lenten Daily Mass Schedule | Tuesday - Friday 7:30am
Ways of the Cross | 6pm every Friday during Lent.**

	ASH WEDNESDAY February 14, 2024 Mass at 7:00am & 5:00pm Confession at St. Helena on Ash Wednesday 3:30pm
	PALM SUNDAY WEEKEND Saturday, March 23, 2024 - Vigil Mass at 4pm Sunday, March 24, 2024 - Mass at 9am & Spanish Mass at 2pm
	LENTEN CONFESSIONS AT ST. HELENA Wednesdays & Thursdays at 5:00pm
	HOLY WEEK (March 24 -31, 2024) Monday, March 25 th - 7:30am Daily Mass Tuesday, March 26 th - 7:30am Daily Mass Wednesday, March 27 th - 7:30am Daily Mass Thursday, March 28 th - Holy Thursday Mass at 6:00pm Friday, March 29 th - Good Friday Service at 1:30-3:00pm Saturday, March 30 th - Holy Saturday Vigil Mass at 7:30pm Sunday, March 31 st - Easter Sunday Mass at 9am and Spanish Mass at 2pm

HOPE CORNER

Our Lady of Hope Catholic Retreat Center

Chatawa, MS - (601)-202-3137 - OurLadyofHopeMS.com

Upcoming Retreats: Register at ourladyofhopems.com/events



**A Day of Reflection:
A Time to Heal and Strengthen
With Fr. Ken Ramon-Landry**

February 5-6, 2024

"Lord, heal all that which is weak, defective, and sinful. Bring out and strengthen all that is upright, strong, and good."

Our Lady of Hope Full of Grace Gift Shop & Perkatory Coffee Shop

Monday-Saturday, 8am-3pm; Sunday after Mass

**The Actions of Satan and the Demons,
A Silent Retreat with Fr. Robert-Joel Cruz**
February 15th-18th

A quick look...

In the history of salvation, there are angelic creatures, some of whom serve the Divine plan and offer a mysterious and powerful help to the Church; others, on the other hand, fallen from their original dignity and called diabolical, oppose the will and salvific action of God, fulfilled in Christ, and seek to associate man with their rebellion against God... From DESQ (De Exorcismis et Supplicationibus Quibusdam), citta de Vaticano

IN THE KNOW...

ADORATION AT ST. HELENA

Monday-Saturday 6am-6pm

We ask that you pray with us each week for one hour for Holy Mother Church and our Country. Please call to discuss a day you would like to pray and set up your hour.

English- Diane Murphy 985-320-7123 / Spanish- Beatriz Manriquez 985-415-5063



Thank you to all who supported the Spanish Community's Tamale Fundraiser!



**Join us to Celebrate the 100th Birthday of
GEORGE E. VAN ZANDT**
on Saturday, February 17th at 1:00pm
In St. Helena's Parish Hall
Please RSVP the Church Office at 985-748-9057



THE CDA ARE SELLING KING CAKES AND MAUTHE CHEESECAKES FEBRUARY 10TH & 11TH AFTER MASSES

This Year's PSR Program is scheduled for June 10th thru June 21st. Registration Info to Come.

PSR TEACHERS MEETING FEBRUARY 27th AT 6PM.

If you would like to teach or be an assistant teacher at PSR this year, please come to the meeting.

PSR VOLUNTEERS

If you would like to volunteer for PSR this summer contact the Church Office 985-748-9057.

St. Helena Youth Group will be on hiatus until April 3rd as we restructure our youth nights. Information on these changes will come later.

ST. JOSEPH ALTAR - MARCH 10, 2024

Work Days:
Week 1: January 29th - February 1st / Week 2: February 5th - 8th
Week 3: February 19th - 21st, 23rd
Week 4: February 26th - 29th, March 1st
Week 5: March 4th - 9th

If you would like to help with this wonderful tradition, please contact Ursula Sherman at 985-517-2728.

MINISTRIES AT ST. HELENA

SACRAMENT OF MATRIMONY (WEDDINGS/CONVALIDATIONS)
6 Months in Advance

PARISH OFFICE NOTIFICATION
We are asking that you notify the Parish Office if a family member is Ill, Homebound or Hospitalized.

CAMPUS TOURS
Plan a Tour on our beautiful Campus. For information, please go to website www.sthelenachurch.net and click on link.

BAPTISMAL SEMINARS
Please contact the Church Office in advance to register for a class.

TRAVELING STATUE PRAYER DEVOTION
If you would like to sign up for the Traveling Prayer Devotion and host one of the Marian statues in your home, please contact one of the following:

“The most deadly poison of our times is indifference.”
- St. Maximilian Kolbe



PRO LIFE

Catherine Calamari (504-236-8983)
For the Families of St. Helena

Yvonne Hulsey (985-969-5058)
For the Souls in Purgatory

FEBRUARY 4, 2024
5TH SUNDAY IN ORDINARY TIME
“Jesus went away to a secluded place and prayed.” If you are seeking greater simplicity of life and a closer following of the Lord in prayer and action, consider that He may be calling you to the priesthood or consecrated life. Talk to your priest or reach out to the Vocation Office at 225-336-8778 or via email: jjohnson@diobr.org

Wendy Danna (985-687-8208)
For the return of our Lapsed Catholics
Prayer for Priest

Judy Williams (985-969-4511)
For St. Helena Church
Our Children of St. Helena

Lupe Calderon (985-222-8096)
For St. Helena Church
Prayer for Peace

Joe Goodson
“The Retirement Coach”
Medicare, Social Security, Retirement Specialist
joegoodson@gmail.com
225-572-2275
“Are your ducks in a row?”
“Enjoy your retirement, protect your legacy”

La Carreta
Traditional Flavors
Mexican Cuisine
122 SW Central Ave
Amite, LA 70422
Tel 985.748.9992
Fax 985.748.9912

Auto Parts & Body Shop LLC
Auto Parts
15407 E. Darden Rd
Independence, LA 70443
Call (985) 969-9916
Office (985) 979-2329
info@autoshopla.com

Rocky's
PAVING DOWN THE BEST AROUND!
14584 LAKESHORE (FAVE)
HAMMOND, LA 70403
(985) 643-8992
1321 UTILITY RD
MONROE, LA 70139
(985) 467-0911
1132 MIDWAY ST
AMITE, LA 70422
(985) 288-8187

Tangipahoa/St. Helena Farm Bureau
Auto - Home - Life - Health
Amite, La - 985-748-6107
Hammond, La - 985-345-9002
Greensburg, La - 225-222-6260

FARM BUREAU INSURANCE

Drive-In DRUG STORE
238 South First Street • Amite, Louisiana 70422
Phone: (985) 748-8207 • Fax: (985) 748-4089
drivein@gmail.com

McKneely Funeral Home of Amite & Kentwood, Inc.
110 E. Factory St. Amite (985) 748-7178
501 Ave G Kentwood (985) 229-5111
www.mckneely.com

Smitty's SUPPLY, INC.
ROSELAND, LA
985.748.9687

Thrift-Town HealthMart
Ray Glasgow, R.Ph.
985-748-8181 • 1-800-598-9501
www.thrifttown.com
517 W. 2nd St. • Amite, LA 70422 • ray@thrifttown.com

Steve's Automation
Security Installations
STEVE DURNIN, Owner
Phone: (985) 748-4411 3029 Hwy. 441
Fax: (985) 748-4666 Amite, LA 70422
Cell: (985) 517-4411
Monitoring Center: (225) 925-9213

B.B. Construction, LLC
Commercial and Residential Construction
14133 Highway 100
Hammond, Louisiana 70403
Phone: 985-229-2319

J & B TANGI PROPERTIES, LLC
JEFF & ARLENE ALSTON OWNERS
801 W. IDAHO STREET HAMMOND, LA 70401 Phone: 985-969-3323
jalston820@gmail.com 985-969-3320
Arlenealston26@gmail.com

BLUNK & MOLLAND ATTORNEYS AT LAW Cory B. Blunk 100 East Oak Street P.O. Box 277 Amite, LA 70422 PH: (985) 247-7500 F: (985) 247-7501 www.blunkmolland.com	CURRIER Dental Studio Megan H. Currier, DDS 985-345-1188 2182 Rue Simone Hammond, LA 70401	TheFirst Just the Bank for You! www.TheFirstBank.com
Home Maintenance Services Floor to Ceiling - Wall to Wall Nick Trabona 582 Sycamore Dr. Amite, LA 70422 985-517-6121 ntabona@hms.com	Bill Hood (985) 748-7118 Everything Automotive Under One Hood. GMC www.hoodautomotiveamite.com	Mike's Catfish Inn 1009 West Oak • Amite, Louisiana 985-748-5126 CLOSED MONDAY
HOMETOWN FARM & GARDEN Hardware 301 NW Central Ave 748-9347 748-7106 Selling Lumber & Propane OPEN 7 DAYS A WEEK	Mark Campo Vice President Mobile: (985) 969-2760 mcampo@hscorp.com 301 Market St. Hammond, LA 70401 (985) 345-9515 1800 W. Country Apts 906, 106, Mandeville, LA 70471 (985) 626-1103	Bradley A. Stevens Attorney at Law 1012 N. Myrtle Street P.O. Box 974 Amite, Louisiana 70422 Ph: (985) 969-1088 F: (985) 969-1086 brad@bradstevensattorneys.com www.bradstevensattorneys.com
Commodore's PIZZA Hammond Amite (985)-345-9726 (985)-247-2999	St. Helena Catholic Church Catholic Daughters of America Court #2536 Meetings held every 2nd Monday of the Month.	St. Vincent de Paul Call 985-747-2223 for assistance.
FRANK J. D'AMICO, SR. ATTORNEY AT LAW 200 Postgraduate Drive • Sulphur, Louisiana 70468 Phone: 985-645-0098 • Fax: 985-645-0094 www.frankdamico.com	THE VENUES by Elizabeth Suggs	AMITE LIVESTOCK SALES, INC. P.O. Box 219 Amite, Louisiana 70422 Website: amitelivestock.com Livestock Sales Every Tuesday & Thursday 11:30 am - 5:30 Saturday 8:00 am - 4:00 pm Poultry Sales Every Day KRATHAN LORENTO Call: 985-748-4291 ED LORENTO Call: 985-517-5978
FERRIS • HUSLER • MARYAMA • Strick EASTSIDE GARAGE INC. Outdoor Power Equipment Sales & Service www.eastsidegarageinc.com BRIET WALLACE LONDON WALLACE 111 East Chestnut Street Amite, Louisiana 70422	THE BOSTON RESTAURANT	KELSEY PHYSICAL THERAPY Brentan C. Kelsey PT, MEd 215 NW Central Ave Amite, LA 70422 985-747-3422 985-747-3423 985-747-3424
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PRECISION LEVELING, LLC	Pray to End Abortion Free Prayer Cards are available in Full of Grace Gift Shop	Full of Grace, Inc. fullofgrace.org St. Joseph Pavilion St. John Vessely UMS - First Settlement Home

Audio & Written versions of Father Mark's Homilies are available on our website, www.sthelenachurch.net. Please support the local businesses who place Ads in our Bulletin.

February 4, 2024

St. Helena Catholic Church

122 S. First Street, Amite, La 70422
(985) 748-9057
Fax (985) 748-9094
www.sthelenachurch.net

Fifth Sunday in Ordinary Time

“He went into their synagogues, preaching and driving our demons throughout the whole of Galilee?”
-Mark 1:29-39



MASS SCHEDULE:
Saturday Vigil 4pm;
Sunday 9am;
Sunday Spanish 2pm

DAILY MASS:
Tuesday - Friday 7:30am

CONFESSION:
Wednesday 5-6pm;
Thursday 5-6pm

1st SATURDAY:
1st Saturday Mass 8am

OFFICE HOURS:
Monday-Friday 8am-5pm