

MASS INTENTIONS

MONDAY, JANUARY 22ND

No Mass

TUESDAY, JANUARY 23RD

Jet Keen

WEDNESDAY, JANUARY 24TH

Father Mark Beard, Jacob Musacchia, Jet Keen, Harrell Griffin, Ann LaBarbera, Veda Misita, Harold Wright, Chris Slogner, Rocco & Clo Wattigney, Michael Moran Jr., Michael Moran III, Jack Liuzza, Abram Cantu, Liz Forshag, Tony Paul Ardillo, Raella Armand, Burrell Carter, Ronald & Hazel Scioneaux, Barbara Broussard, Michael Henry, David Paul Delaune, Billy Higgins, Harold Beard, Souls in Purgatory, The Vilcan Family, Catherine Calamari, Ms. Flo Beard, Sue Higgins

THURSDAY, JANUARY 25TH

Father Mark Beard, Jacob Musacchia, Mike Murphy, Ann Courtney, Jet Keen, Veda Misita, Ann LaBarbera, Harold Wright, Barbara Broussard, Dennis Mussare, Harrell Griffin, Liz Forshag, Deacon John Ford, Tony Paul Ardillo, Wanles Kellem, Joe & Sandra Schlumbrecht, Russell & Dot Thompson, Russell Thompson Jr., Dominick Cuti, Nolan Graham, RD & Elsie Bridges, Rose & James Webb, Souls in Purgatory, Law Enforcement, Catherine Calamari, Anthony Liuzza, Doug Kent

FRIDAY, JANUARY 26TH

Father Mark Beard

SATURDAY, JANUARY 27TH

Ann LaBarbera

SUNDAY, JANUARY 28TH

Ann LaBarbera

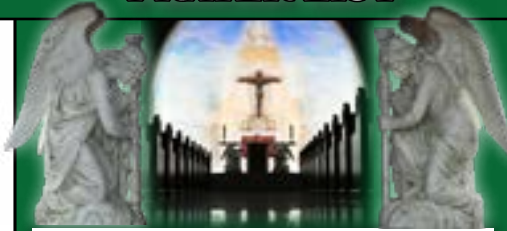
SUNDAY, JANUARY 28TH

The Alfaro Children

PRAYER LIST

Nancy Brown, Connie Crayton, Karen Romero, Imelda Travis, Kenneth Travis, Fran Castille, Teri Stamper, Russell Bujol, Christie Raymond, Joe Hand, Matt Smith, Mike Agnello, Pete Drude, Fran Poche, Anthony Micheli, Teresa Grace, Lindsey Booty, Christine & Jerry Sharp, Laura Faust, Frances Reid, Annie Monistere, Angel Monistere, Carla Davidson, Carol Asher, TJ Pittman, Matthew Shockley, Shelia Sullivan, Macie Gerarve, Tom & Myra Gentrup, Eric Tarver, Buddy & Susie Cox, Jerry Risponse, Linda Hulsey, Carl & Gail Keller, Pam Elder, Savina Campo, Katelyn Delbasto, Lorie Delbasto, Ronnie Delbasto, Diann Delbasto, Wanda Miles, Lucinda Voight, Mya Arrazate, Toney Cantu, Kenneth Hill, Conner Corkern, Alice Perez, Frances Currier, Alice Currier, Jay Ardillo, Brian Rueb, Hank & Karen Scheumacher, Douglas Hill, Doris Wright, Lucille Scheurer, Ashley Travis, Tisa & John Cooper, Jerry Laciura & Family, Catherine Calamari, Kailee Spinks Neal, Jeff McBride, Linda Guy Phillips, Daryl Carruth, JoEllen Carruth, Nancy Carruth, Darlene Smith

PRAYER LIST



We at St. Helena Catholic Church are committed to educating, directing, and sustaining all who visit, in particular those who draw near, to the teachings and traditions of Holy Mother Church; this Mission will be achieved by employing Cardinal virtues of Justice, Prudence, Temperance and Fortitude.

MINISTRY SPOTLIGHT

FULL OF GRACE

Full of Grace is a Non-profit Organization that engages, primarily for, but not limited to, supporting the religious, educational and charitable activities of the Roman Catholic community in Louisiana.



MINISTRIES AT ST. HELENA

If you would like to learn more about the following Ministries, please take a card at the end of your pew and send response to email listed on the card.

Bereavement Ministry	Thursday Bible Study
Catholic Daughters	Full of Grace
Jr. Catholic Daughters	Knights of Columbus
Maintenance Committee	Nursing Home Ministry
Spanish Ministry	St. Jude Bible Study
St. Vincent de Paul	Totus Tuus
Traveling Prayer Devotion	Youth

THANK YOU FOR YOUR SERVICE

Larry Toups, Peter Vangel, James Hoover, Dennis Toups, William Graham, Vince Owen, Brandon Thompson, Jerry Dyer, Jamie Cutrer, Eric Russell, James Sylvester, Mark Prine, Robert Tillwell, Chris Bennett, Dwayne Spears, Nic Edwards, Jake Cristina, Scott Swilley, Angie Swilley, Chris Brunet, Jacob Rankin, James Michael Dupuis, Daniel Mays, Jim Bravis Redmond Jr., Daniel Santora, Jerry Simmons, Wesley Corkern, Lucas Edward Thigpen, John Accord, Maxwell Conger, Kyle Joseph Rosalies, Jordon Quinn, Adrian Gonzalez Moreno, Sgt. Matthew Vallot, Lt. Molly Fekete, Wesley Corkern, Jacob Frazier, Braeden Hallmark, Trent Smith, Andrew Zaffuto, Judson Sandifer

Please call the Office if you would like to add or remove someone on the Service List.

IN DEFENSE OF MOTHER CHURCH

POSTURE IN CHURCH

“Oh Lord, you have searched me, and know me! You know when I sit down and when I rise up; you discern my thoughts from afar.” (Ps 139:1-2)

In the words of Romano Guardini, ‘every part of the body is an expressive instrument of the soul.’ The Bible speaks of several postures of prayer; standing, kneeling, bowing, and prostration.

***Standing** (side of vigilance and action... like a soldier on duty): Mt 24:15 ... ‘by the prophet Daniel, standing in the Holy Place...’

***Kneeling** (side of worship in rest and quietness): Mt 8:2, 9:18, 15:25 ... ‘a leper came to Him and knelt before Him’ ... ‘behold, a ruler came in and knelt before Him’ ... ‘But she came and knelt before Him, saying, ‘Lord help me.’

***Bowing** Jn 19:30 ... ‘it is finished, and HE bowed HIS head...’


***Prostration** Mt 26:39 ... ‘fell on his face and prayed’ ; Rev 4:10 ... ‘fall down before the one who sits on the throne and worship him, who lives forever and ever.’

When a knight puts his hands together, for example, he renders himself vulnerable. He could not reach for his weapon. So he stood when he approached a king or a judge. We too, are vulnerable when we are in God’s presence; for none of our weapons can harm him, and none of our defenses can repel him.


Hands pressed together, palm to palm, resemble a flame pointed heavenward -- an appropriate image as we heed St. Paul’s counsel to ‘present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship’ (Romans 12:1)

*Signs of Life by Scott Hahn / Catholic Doctrine by Gregory Oatis

KNIGHTS OF COLUMBUS SPAGHETTI DINNER
FRIDAY, JANUARY 26th
\$10 PER DINNER / DRIVE-THRU ONLY
TICKETS WILL BE SOLD AFTER WEEKEND MASSES.


THANK YOU FOR A SUCCESSFUL PARISH MISSION!
 Thank you to Mr. Kyle Clement for teaching us how to live our Catholic Faith!
 Resources that Mr. Clement mentioned can be found at www.montechristo.net

 <p>Join us to Celebrate the 100th Birthday of GEORGE E. VAN ZANDT on Saturday, February 17th at 1:00pm In St. Helena’s Parish Hall Please RSVP the Church Office at 985-748-9057</p>	<p>PALMS Please bring your palm branches to Church or the Church Office. We will be using the Palm Branches to make ashes for Ash Wednesday.</p>
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SOCIETY OF ST. VINCENT DE PAUL

For the period of October thru December 2023, St. Vincent de Paul assisted 51 neighbors, providing spiritual support and relief from some of the burdens of life totaling \$10,327.00 for the quarter.

Here is a breakdown of some of the assistance given to our neighbors in need:
 Utilities: \$8,042.00 | Rent \$1,985.00 | Food: \$300.00
 We appreciate everyone for supporting our ministry.



HOPE CORNER



Our Lady of Hope Catholic Retreat Center

Chatawa, MS - (601)-202-3137 - OurLadyofHopeMS.com

Upcoming Retreats: Register at ourladyofhopems.com/events



A Day of Reflection: A Time to Heal and Strengthen With Fr. Ken Ramon-Landry

February 5-6, 2024

“Lord, heal all that which is weak, defective, and sinful. Bring out and strengthen all that is upright, strong, and good.”

The Actions of Satan and the Demons, A Silent Retreat with Fr. Robert-Joel Cruz
 February 15th-18th

A quick look...

In the history of salvation, there are angelic creatures, some of whom serve the Divine plan and offer a mysterious and powerful help to the Church; others, on the other hand, fallen from their original dignity and called diabolical, oppose the will and salvific action of God, fulfilled in Christ, and seek to associate man with their rebellion against God... From DESQ (De Exorcismis et Supplicationibus Quibusdam), citta de Vaticano

Our Lady of Hope Full of Grace Gift Shop & Perkatory Coffee Shop
 Monday-Saturday, 8am-3pm; Sunday after Mass

IN THE KNOW...

ADORATION AT ST. HELENA

Monday-Saturday 6am-6pm

We ask that you pray with us each week for one hour for Holy Mother Church and our Country. Please call to discuss a day you would like to pray and set up your hour.

English- Diane Murphy 985-320-7123 / Spanish- Beatriz Manriquez 985-415-5063

HOT TAMALES

The Spanish community will be selling Tamales on Saturday, January 27th after Mass.

YOUTH NIGHTS

Wednesday nights 6pm-8pm. Open to all in 6th-12th grade.



MATER DOLOROSA CATHOLIC SCHOOL OPEN HOUSE

January 25, 2024 | 6:00pm - 7:00pm

MDCS Offers All Grades from Pre K to Jr. High

WEDDING ANNIVERSARY CELEBRATION

For any couple celebrating thier 25th, 50th, 65th & Over Wedding Aniversary during 2024. Sunday, March 3, 2024 at 2pm at Most Blessed Sacrament Catholic Church in Baton Rouge
 Contact the Church Office for More Information and to Register.



ST. JOSEPH ALTAR - MARCH 10, 2024

Work Days:

Week 1: January 29th - February 1st / Week 2: February 5th - 8th
 Week 3: February 19th - 21st / Week 4: February 26th - 29th
 Week 5: March 4th - 9th

If you would like to help with this wonderful tradition, please contact Ursula Sherman at 985-517-2728.

KNIGHTS OF COLUMBUS CATHOLIC YOUTH LEADERSHIP AWARD

Visit louisianakc.org/programs/cyla or scan the QR Code to apply.

Deadline: January 25, 2024

Local and State are applied for at the same time... Nominating Council: **10911**



This Year’s PSR Program is scheduled for June 10th thru June 21st. Registration Info to Come.


MINISTRIES AT ST. HELENA

SACRAMENT OF MATRIMONY (WEDDINGS/CONVALIDATIONS)
6 Months in Advance

PARISH OFFICE NOTIFICATION
We are asking that you notify the Parish Office if a family member is Ill, Homebound or Hospitalized.

BAPTISMAL SEMINARS
Please contact the Church Office in advance to register for a class.

“Careful to devalue life in your youth. The young may very well devalue you when you are old.”
- A. E. Samaan



JANUARY 21, 2024
3RD SUNDAY IN ORDINARY TIME
“Come after Me, and I will make you fishers of men.” Fishing is an active verb. If you are being called to strengthen Christ’s Church through a vocation to the priesthood or consecrated life, act. Talk to your priest or reach out to the Vocation Office at 225-336-8778 or via email: jjohnson@diobr.org

CAMPUS TOURS
Plan a Tour on our beautiful Campus. For information, please go to website www.sthelenachurch.net and click on link.

ST. HELENA TRAVELING PRAYER DEVOTION
If you would like to sign up for the Traveling Prayer Devotion and host one of the Marian statues in your home, please contact one of the following:

- Catherine Calamari (504-236-8983)**
For the Families of St. Helena
- Yvonne Hulsey (985-969-5058)**
For the Souls in Purgatory
- Wendy Danna (985-687-8208)**
For the return of our Lapsed Catholics
Prayer for Priest
- Judy Williams (985-969-4511)**
For St. Helena Church
Our Children of St. Helena
- Lupe Calderon (985-222-8096)**
For St. Helena Church
Prayer for Peace

Joe Goodson
“The Retirement Coach”
Medicare, Social Security, Retirement Specialist
joegoodson@gmail.com
225-572-2275
“Are your ducks in a row?”
“Enjoy your retirement, protect your legacy”

La Carreta
Traditional Flavors
Mexican Cuisine
122 SW Central Ave
Amite, LA 70422
Tel 985.748.9992
Fax 985.748.9912

Auto Paint & Body Shop LLC
Joe Payne
Owner
15407 E. Darden Rd
Independence, LA 70443
Call (985) 960-9316
Office (985) 679-2329
joepayne@att.net

Rocky's
PAVING DOWN THE BEST AROUND!

Tangipahoa/St. Helena Farm Bureau
Amite, La - 985-748-6107
Hammond, La - 985-345-9000
Greensburg, La - 225-222-6260

Drive-In DRUG STORE
238 South First Street • Amite, Louisiana 70422
Phone: (985) 748-8207 • Fax: (985) 748-4089
drivein@gmail.com

McKneely Funeral Home
of Amite & Kentwood, Inc.
110 E. Factory St. Amite (985) 748-7178
501 Ave G Kentwood (985) 229-5111
www.mckneely.com

Smitty's SUPPLY, INC.
ROSELAND, LA
985.748.9687

Thrift-Town HealthMart
Ray Glasgow, R.Ph.
985-748-8191 • 1-800-598-9501
www.thrifttown.com
517 W. 2nd St. • Amite, LA 70422 • ray@thrifttown.com

Steve's Automation
Security Installations
STEVE DURNIN, Owner
Phone: (985) 748-4411 3029 Hwy. 441
Fax: (985) 748-4666 Amite, LA 70422
Cell: (985) 517-4411
Monitoring Center: (225) 925-9213

B.B. Construction, LLC
14113 Highway 101
Hammond, Louisiana 70422
Phone: 985-229-2319

J & B TANGI PROPERTIES, LLC
JEFF & ARLENE ALSTON OWNERS
801 W. IDAHO STREET HAMMOND, LA 70401
Phone: 985-969-3323 985-969-3326
jalston820@gmail.com
Arlenealston26@gmail.com

BLUNK & MOLLAND ATTORNEYS AT LAW Cory B. Blunk 100 East Oak Street P.O. Box 277 Amite, LA 70422 PH: (985) 247-7500 F: (985) 247-7501	CURRIER Dental Studio Megan H. Currier, DDS 985-345-1180 2192 Rue Simone Hammond, LA 70401	TheFirst Just the Bank for You! www.TheFirstBank.com
Home Maintenance Services Floor to Ceiling - Wall to Wall Nick Trabona 982 Sycamore Dr. Amite, LA 70422 985-517-9121 ntrabona@aol.com	Bill Hood Everything Automotive Under One Hood. GMC www.hoodautomotiveamite.com	Mike's Catfish Inn 1009 West Oak • Amite, Louisiana 985-748-5126 CLOSED MONDAY
HOMETOWN FARM & GARDEN Hardware 301 NW Central Ave 748-9347 748-7106 Selling Lumber & Propane OPEN 7 DAYS A WEEK	Mark Campo Vice President Mobile: (985) 969-2760 mcampo@hscorp.com 301 Market St. Hammond, LA 70401 (985) 345-9515 1800 W. Country Apts 906, 106, Mandeville, LA 70471 (985) 626-1103	Bradley A. Stevens Attorney at Law 1012 N. Myrtle Street P.O. Box 974 Amite, Louisiana 70422 Ph: (985) 969-1088 F: (985) 969-1086 brad@bradstevensattorneys.com www.bradstevensattorneys.com
Commodore's PIZZA Hammond Amite (985)-345-9726 (985)-247-2999	St. Helena Catholic Church Catholic Daughters of America Court #2536 Meetings held every 2nd Monday of the Month.	St. Vincent de Paul Call 985-747-2223 for assistance.
FRANK J. D'AMICO, SR. ATTORNEY AT LAW 200 Postgraduate Drive • Sulphur, Louisiana 70488 Phone: 985-645-0098 • Fax: 985-645-0094 www.frankjdamico.com	THE VENUES by Elizabeth Suggs	AMITE LIVESTOCK SALES, INC. P.O. Box 219 Amite, Louisiana 70422 Website: amitelivestock.com Livestock Sales Every Tuesday & Thursday 11:30 am - 5:30 Saturday 9:00 am - 4:00 pm Poultry Sales Every Day KRISTIAN LORENZO Call: 985-748-4291 ED LORENZO Call: 985-517-5978
FERRIS • HUSLER • MARYAMA • Strick EASTSIDE GARAGE INC. Outdoor Power Equipment Sales & Service Website:www.eastsidegarageinc.com BRIET WALLACE 111 East Chestnut Street LONDON WALLACE Amite, Louisiana 70422	THE BOSTON RESTAURANT	KELSEY PHYSICAL THERAPY Brentan C. Kelsey PT, MEd 215 NW Central Ave Amite, LA 70422 985-747-3422 985-747-3423 985-747-3424
NICHOLAS CEFALU, JR., M.D. (985) 748-3272 Treatment Provider for Chronic Opioid Addiction Suboxone Treatment	BRANDON'S Trailer & Equipment Sales Appliances Outdoor Cooking Appliance Parts Propane 985-748-9202	MASTER CHEF EATERY 16 1100 W. Oak St. Amite, LA 985-748-5117
PRECISION LEVELING, LLC	Pray to End Abortion Free Prayer Cards are available in Full of Grace Gift Shop	Full of Grace, Inc. fullgraceorg.com St. Joseph Pavilion St. John Vessely UMS - First Settlement Home

Audio & Written versions of Father Mark's Homilies are available on our website, www.sthelenachurch.net. Please support the local businesses who place Ads in our Bulletin.

January 21, 2024

St. Helena Catholic Church

122 S. First Street,
Amite, La 70422
(985) 748-9057
Fax (985) 748-9094
www.sthelenachurch.net

Third Sunday in Ordinary Time

“Come after Me, and I will make you fishers of men”
-Mark 1:14-20



MASS SCHEDULE:
Saturday Vigil 4pm;
Sunday 9am;
Sunday Spanish 2pm

DAILY MASS:
Tuesday - Friday 7:30am

CONFESSION:
Wednesday 5-6pm;
Thursday 5-6pm

1st SATURDAY:
1st Saturday Mass 8am

OFFICE HOURS:
Monday-Friday 8am-5pm